

# Equine Massage and Muscular Skeletal Clinics for New Zealand

## ***Theory work:***

- What is massage & how does massage work?
- How do I know if my horse needs a massage?
- The equine skeleton/ Boney landmarks
- The muscles superficial, deep muscles

Saturday Morning

## ***Practical application:***

- Techniques and the basic strokes
- Where do we use different strokes and why
- Boney Landmarks & Bio Mechanical Assessment
- Where are the Safe areas around the horse?
- Assessment of muscle symmetry on the live subject  
(In Pairs over various subjects)

Saturday Afternoon

Sunday Morning / Afternoon

## **Presented by Kaye Hannan**

*Masters Applied Science*

*Equine Therapist, Diploma of Teaching, HATTA Associate*

*Acupressure (USA),*

*Myo Fascial Release Work,*

*Equine Massage (Certificate)*

*Aromatherapy workshops*

*EFA/NCAS LEVEL 1 (General)*

*Mentor for Charles Sturt University – post graduate students*

*Winner-The Hills Excellence in Business Awards 2004*

