

## A BANANA OR TWO A DAY MAY WELL KEEP YOUR VET AWAY.



Bananas are not only good for humans and horses. They are great for their mucosal qualities as well. Horses who may have suspect stomach ulcers can greatly benefit from a

banana or two ten minutes or so before each feed.

Bananas and their skins contain loads of salicylates (a natural version of “Mylanta”) for the horse’s intestines and stomach lining.

Horses in drought or without free access to food are often extremely prone to stomach ulcers.

Ref: John Kohnke- horse nutritionalist and author of several feeding and nutrition books for Australian horses.

**Three week treatment:** Give two bananas each day before each feed for two weeks (use brown bananas & skins and all) follow with the next week of ½ cup of whey powder in feed.

Notes by Kaye Hannan of Hannan’s Healing Herbals. (Picture shows. Kaye Hannan,

Emma Hannan and Dylan eating bananas)